

7 DISHES • 7 DAYS • 1 TOMATO

HEAVENLY VILLAGIO MARZANO MEAL PLAN

SHOPPING LIST

FRESH PF	RODI	JCE / HERBS	MEAT	
8 - 10 oz Bags of Heavenly Vi	llagio l	Marzano® Tomatoes	1 Pack Bacon	
1 Shallot		3 - 4 Radishes	1 lb. Italian Chkn. Sausage	
1 Bunch Scallion		1 English Cucumber	1 lb. Ground Beef or Bison	
Garlic Bulb		2 Lemons	4 Chicken Thighs	
1 Bunch Kale		1 Bunch Basil		
1 Head Romaine Lettuce		1 Bunch Thyme		
1 Small White Onion		1 Bunch Mint Leaves		
12 oz Green Beans				
10 This Challes Assessed				
10 Thin Stalks Asparagus				
10 Inin Staiks Asparagus				
DAIRY		DRY/CAN GOODS	OTHER	
		DRY / CAN GOODS Baking Powder	OTHER 3 Cups Chicken Broth	
DAIRY			1	
DAIRY 1 Dozen Eggs		Baking Powder	3 Cups Chicken Broth	
DAIRY 1 Dozen Eggs 1 Quart Milk		Baking Powder 2 Tbsp Sugar	3 Cups Chicken Broth 1/4 Cup Chicken Stock	
DAIRY 1 Dozen Eggs 1 Quart Milk 1 Stick Butter		Baking Powder 2 Tbsp Sugar 1 Tbsp Brown Sugar	3 Cups Chicken Broth 1/4 Cup Chicken Stock 2 Tbsp Tahini	
DAIRY 1 Dozen Eggs 1 Quart Milk 1 Stick Butter 1 Cup Shredded Parmasean		Baking Powder 2 Tbsp Sugar 1 Tbsp Brown Sugar 1/4 tsp Allspice	3 Cups Chicken Broth 1/4 Cup Chicken Stock 2 Tbsp Tahini 2 Tbsp Honey	
DAIRY 1 Dozen Eggs 1 Quart Milk 1 Stick Butter 1 Cup Shredded Parmasean 2 Cups Shredded Mozzarella		Baking Powder 2 Tbsp Sugar 1 Tbsp Brown Sugar 1/4 tsp Allspice 2 pieces Pita Bread	3 Cups Chicken Broth 1/4 Cup Chicken Stock 2 Tbsp Tahini 2 Tbsp Honey	